

Priority One - Communities Driving Change					
Activity	Board Champions	Deadline	Status	% Comp	Comments
Support communities to drive change in health and wellbeing*	Gemma Cossins, Charlotte Ladyman/Dianne Barham - (further group membership to be reviewed)	31/03/18	On Track	50%	A progress update by the Board Champion Group for the Communities Driving Change priority of the Health & Wellbeing Strategy 2017-20 was presented to the HWB on 5th September 2017. This activity is on track. The overall outcome for this Activity is empower local communities to drive change in their daily habits to improve health and wellbeing of local residents.
Our key deliverables	Lead Officer	Deadline	Status	% Comp	Comments
Develop and Implement a 'Health Creation' programme with residents to identify issues impacting on health and wellbeing, and develop and lead new ways to improve health and wellbeing locally*	Somen Banerjee (HAC)	31/03/18	On Track	50%	<p>1. The locality based Healthy Communities Programme, commissioned by the PH service, is at an award stage and on track to start in October 2017;</p> <p>2. The Social Movement for Life programme, a THT Vanguard pilot has progressed to four local coproduction initiatives (Isle of Dogs, Chicksand Estate, Bow & Watney Market);</p> <p>3. The Community Insights Network programme - another THT Vanguard pilot- will develop and train researchers from the community, and review options for embedding participatory research across the partnership;</p> <p>4. A partnership task group (NHS, voluntary sector, Healthwatch) are reviewing options using Healthwatch as the main repository for insights into health and care.</p> <p>This work will inform the following outcomes/achievements:</p> <p>a) THT Communities Programme in place which seeks buy-in from residents;</p> <p>b) existing initiatives for capturing better insights in a joined up manner;</p> <p>c) clear pathways for residents to get involved established;</p> <p>d) process for feeding back to residents established.</p> <p>This will be demonstrated in the form of a) Locality based coproduced delivery plans, b) evaluation of the Social Movement programme to identify successes and improvements c) a single place for insights on community insights on health and wellbeing, including Member Enquiries.</p>
Develop and Implement a 'Health Creation' programme across the partnership to promote a culture in organisations that empowers people to be in control and informed about how to improve their health*	Somen Banerjee (HAC)	31/03/18	On Track	50%	<p>1. The Tower Hamlets Together User and Stakeholder Focus workstream has brought together partner engagement and involvement leads, Healthwatch, voluntary and community sector representatives and residents.</p> <p>2. Over the last six months, the workstream has focussed on the delivery of the new community health services contract, admission avoidance, reablement and rapid response, integrated personal commissioning, the whole systems dataset project and the local implications of the East London Health and Care Partnership.</p> <p>a) The overall outcome for this work is to encourage partner organisations (P.O) to pledge to support 'Communities Driving Change'</p> <p>b) PO's clearly promote ways that residents can drive change</p> <p>c) PO's regularly feedback to residents on how residents have driven change</p> <p>d) PO's support delivery of initiatives that empower people to improve their health: e.g Making Every Contact Count and Integrated Personal Commissioning.</p>

Connect the residents with the priorities of the Health and Wellbeing Board by holding four engagement events undertaking a social media campaign*	Somen Banerjee (HAC)	31/03/18	On Track	50%	Public Health commissioned an engagement exercise during summer 2017 undertaken by the new Economic Foundation. The aim was to coproduce a shared outcomes framework around the Heath & Wellbeing Strategy with residents. Residents identified 15 primary outcomes they aspire to. This is captured under THT. These include: 1. 'I am able to breathe cleaner air where I live'; 2. 'I'm satisfied with my home'; 3. 'It's likely I'll live a longlife'; 4. 'I'm supposed to make healthy choices'; 5. 'I have a positive experience of the services I use'; 6. 'My children get the best possible start in life'; 7. 'I feel my care is provided safely'; 8. 'I want to see the best value/quality of local services'; 9. 'I'm able to access the services I need'; 10. 'I've a good level of happiness & wellbeing'; 11. 'I'm able to support myself and my family financially'; 12. 'I play an active part in my community'; 13. 'I feel safe from harm in my community'; 14. 'I have a sense of control over my life'; 15. 'I'm confident that those providing my care are skilled and motivated in their work'. A community engagement event was held on 9th August at Victoria Park. The Community Insight Network is also progressing and the first newsletter has been issued. A survey of stakeholders is in progress.
Priority Two - Employment and Health					
Tackle health-related employment issues*	Ian Basnett, Jackie Sullivan, Somen Banerjee (further membership to be reviewed)	31/03/18	On Track	45%	This Activity is on track. A progress update by the Board Champion Group for the Employment and Health priority of the Health & Wellbeing Strategy 2017-20 was presented to the Health & Wellbeing Board on 5 September 2017. The overall outcome for this Activity is to empower local communities to drive change in their daily habits to improve health and wellbeing of local residents.
Our key deliverables	Lead Officer	Deadline	Status	% Comp	Comments
Strengthen the integration between health and employment services by using 'social prescribing' as a lever to improve links and shape an effective local delivery of DWP's Work and Health programme.*	Somen Banerjee (HAC) / Andy Scott (Place)	31/03/18	On Track	50%	DWP's Work & Health Programme: TH is part of a 12 borough partnership in central London working to help people into employment. The aim is to strengthen the integration between health and employment services by: 1. using social prescribing as a lever to strengthen links between health & employment services; 2. reviewing best practice elsewhere; 3. shaping the effective delivery of DWP's Work & Health programme. Central Govt has devolved the Work & Health programme to London (and Manchester). There are 4 sub-regions within London who are leading the procurement and management of the programme. This programme is intended to support people with mental and physical health issues into employment. Economic Development & Public Health are working jointly to identify cohorts. The programme will run for 5 years and seeks to support around 20,000 people across Central London with employment. So far, PH has: 1. conducted a baseline survey of training needs of social prescribers with regards to council provision of Employment support; 2. training session for 'social prescribers' is planned, focusing on the council provision of employment support, in particular Work Path (content of training session to be guided by the results for the survey); 3. Social Prescribers have been linked into Content Referral Management development being conducted at the council (in order to facilitate referrals). This project aims to help people with disability, on JSA/ESA benefit, long term unemployed of more than 2 years, care leavers, ex-offenders, ex-carers, refugees, ex-armed forces personnel – to be referred on a voluntary basis. Claimants will spend 15 months on the programme and tracked for a further 6 months to capture any job outcomes. Analysis is being undertaken to analyse profile of relevant cohort.

Deliver on a set of project actions to achieve the London Healthy Workplace Charter 'Achievement' Status that will have positive health & work benefits for staff*	Somen Banerjee (HAC) / Gill Forward (RES)	31/03/18	On Track	40%	The actions include undertaking a self-assessment, and identify priorities for improvement to improve the level of healthy improvement. A survey has been developed requesting baseline information on sign up to the London Charter, areas where progress has been challenging and examples of good practice. This will be distributed to HWB/THT/ Employers Forum. The outcome for end of year is to have all organisations represented on Health and Wellbeing Board to have conducted a self-assessment against the Charter and formed an action plan.
Increase the proportion of adults with a learning disability or mental health issue in employment by delivering a pre-apprenticeship programme of paid work experience*	David Jones (HAC) / Karen Sugars (HAC) / Stuart Young (RES)	31/03/18	On Track	30%	<p>Skillsmatch have employed 17 adults with a learning disability on pre-apprenticeship programmes since April 2017.</p> <p>The Adults' Social Impact Bond aims to deliver a programme of job readiness /employment to a cohort of 110 people with a Learning Disability – an increase from the current 60 people. The aim is to help these vulnerable people to live as independently as possible in the community and be integrated into society.</p> <p>A report to Cabinet is scheduled to be presented in Dec 2017 to obtain sign off for tendering of a provider to deliver the programme. They will identify the individuals, train and get them job ready. The SIB mechanism is that an investor invests in the programme; the Lottery Fund will pay 25%, and the council pays 75% only if the outcomes are delivered. The investors only pay the money when the outcome is delivered.</p> <p>As part of a special purpose vehicle, the provider has to appoint a separate administrator to monitor outcomes. The frequency of this is subject to further approval as it is in developmental stage. Skillmatch (Employment and Enterprise) is working with the Council's Programme Management Office to develop a service which complement rather than duplicate in helping people with LD into employment/jobs.</p>
Tackle mental health stigma by increasing the number of employers taking up the Time to Change pledge*	Somen Banerjee (HAC)	31/03/18	On Track	40%	Over the last 8 months, through a local capability building programme funded by Health Education England, over 300 Tower Hamlets staff from statutory and non-statutory sectors (228 from voluntary sector or other) have been so far been trained on the half day Mental Health First Aid LITE awareness as qualified Mental Health First Aiders. Additionally another 100 have so far been trained on the half day Mental Health First Aid LITE awareness course. The outcome is to increase the number of organisations in TH signed up to the Charter, and have a further 100 people trained as MH first aiders.
Priority Three - Creating a Healthier Place					
Activity	Board Champions	Deadline	Status	% Comp	Comments
Create a healthier place*	Councillor David Edgar, Councillor Danny Hassell (further members to be reviewed)	31/03/18	On Track	45%	This activity is on track and work is in progress.
Our key deliverables	Lead Officer	Deadline	Status	% Comp	Comments

Identify three areas in the borough where there is particular need to improve the physical environment (e.g. lack of green space, population growth) and engage with residents and local organisations on priorities for improvement to benefit health and wellbeing*	Somen Banerjee (HAC) / Judith St. John (CS)	31/03/18	On Track	50%	Through the Whitechapel Vision programme, we have identified three areas for community engagement focused on physical environment development: Collingwood Estate, Chicksand Estate and Sydney Estate. A comprehensive programme of further development sites for improved open spaces is being developed.
Integrate health impact assessment into planning and policy*	Somen Banerjee (HAC) / Owen Whalley (PLACE)	31/03/18	On Track	40%	As part of the wider work overseen by the Tower Hamlets Steering Group, health impact assessments considerations are now factored into planning and policy regeneration work. Health Impact Assessment (HIA) Policy has been included in the Regulation 19 Draft Local Plan which requires development proposals to undertake and submit an HIA alongside their planning application. A report 'Tower Hamlets Local Plan 2031' - was presented to Cabinet on 19th Sept 2017 for approval and as a submission version to the Inspectorate. It is anticipated that the Plan will be adopted in 2018. An SLA has been agreed with Public Health, to support activities to expand the 'food for health' award scheme, targeting businesses. Assessments will be carried out at the end of the year. The expected impact is to encourage food operators to provide a variety of options, including healthier options to local people leading to a greater general health and well being.
Priority Four - Healthy Weight and Nutrition in Children					
Activity	Board Champions	Deadline	Status	% Comp	Comments
Improve children's weight and nutrition *	Councillor Amy Whitelock Gibbs, Sam Everington, Debbie Jones	31/03/18	On Track	72%	A progress update by the Board Champion Group for the Children: Healthy Weight and Nutrition priority of the Health & Wellbeing Strategy 2017-20 was presented to the HWB on 5th September 2017. This activity is on track. The overall outcome for this activity is to improve the health and nutrition and reduce obesity/overweight in local children.
Our key deliverables	Lead Officer	Deadline	Status	% Comp	Comments
Identify and support health representatives on school governing bodies to raise the profile of health issues and improving health of school children at the school governing bodies meetings *	Somen Banerjee (HAC)	31/03/18	On Track	30%	A draft action plan was presented to the Health & Wellbeing Board on 18th April 2017. The next step is to recruit a pool of people with health backgrounds interested in becoming a school governor through local health organisations (e.g. CCG, NHS Trusts, primary care and public health). Also recruit through corporate social responsibility channels and match the 'health representatives' to schools working with LBTH Governors' services.
Provide better information to parents on how schools support health and wellbeing so that parents are better equipped to contribute to improving the health of their child *	Somen Banerjee (HAC)	30/09/17	Completed	100%	This aims to build on existing communications to provide more information to parents e.g. about the schools Healthy School status, provide more comparative health information for Head Teachers and develop a school health report. School health (Compass Wellbeing) have already sent out letters to parents/carers giving the results of from the National Child Measurement Programme (NCMP). The overall outcome of this work is to help parents make informed choices and decisions to improve the health of their children.

Implement the 'Healthy Mile' programme in schools, to tackle obesity in school children to at least 16 schools by March 2018	Somen Banerjee (HAC)	30/09/17	Completed	100%	The 'Healthy Mile' has already been introduced to 10 Tower Hamlets schools so far with support from Healthy Lives Team and 10 additional schools have shown interest and Healthy Lives Team will support them to start the programme in September 2017. 20 Schools participating include: Bangabandhu Primary; Blue Gate Fields Juniors; Bygrove Primary; Clara Grant Primary; Columbia Primary; Cyril Jackson Primary; Cubitt Town Juniors; English Martyrs Primary; Halley Primary; Ian Mikardo School; John Scurr Primary; Mowlem Primary; St John's Primary; St Lukes Primary; St Peters London Docks Primary; St Saviours Primary; Stewart Headlam Primary; Thomas Buxton Primary; Wellington Primary; William Davis Primary. a) More schools have shown interest in starting up the Daily Mile this term and meetings have been organised to support the schools. Once confirmed they will be added to the list above. b) Schools receiving grants for Pupil Led Projects around healthy eating/physical activity in 17/18 will also run the Daily Mile in their schools. Numbers to be confirmed mid Oct.c) Schools that are doing the Daily Mile as part of a Healthy Schools London Silver/Gold Award are looking to increase pupils fitness through regular physical activity – the Healthy Lives team conducts fitness tests twice a term with pupils, ideally a minimum of 6 times over a year, to see whether fitness levels have increased. d) In terms of nutrition the Healthy Lives team is supporting schools to run the Lunchtime Experience project, which focusses on trying to ensure that children have as healthy a lunch as possible and encouraging uptake of salad, fruit and vegetables at lunchtime. Training is also provided by the team to school staff around healthy eating and workshop for parents. The Healthy Lives team are also working with Public Health to remove cake from primary school menus and just have the focus on healthy foods. Obesity and overweight is measured for all 10-11 year olds annually and broken by schools
Develop and implement a community engagement and communications strategy around healthy weight and nutrition in children, with particular emphasis on high risk groups *	Somen Banerjee (HAC)	30/09/17	Completed	100%	Consideration is being given to a 'contract' where the school commits to undertaking certain measures, with a dashboard to measure progress. This could build on the two-way service agreements that School Health (Compass Wellbeing) are currently negotiating with schools and also the Healthy London Partnership Healthy Schools standards. A Healthy Schools summit is planned for autumn term. The aim is to engage parents and schools around healthy weight management and nutrition, especially targeting high risk groups - these include pupils from the most deprived areas of the borough and groups identified with health inequalities related to ethnic backgrounds.
1.4 People are healthy and independent for longer					
Activity	Board Champion Group	Deadline	Status	% Comp	Comments
2. Develop an integrated health and social care system*	Denise Radley, Simon Hall (additional membership to be reviewed)	31/03/18	On Track	50%	This work is proceeding well. The council and the CCG have increased the value of resources pooled through the Better Care Fund by over 100% since last year, to cover over £45m of activity, in 2017-18, and will review the suitability of a number of other functions for potential pooling in the course of 2017-18. Together with its healthcare partners, it is planning to streamline the borough's health and social care partnership system to make it more effective. In addition, it is taking steps to create a number of joint senior management posts with the CCG, as an essential first step to integrating further the commissioning functions of the two organisations, prior to the eventual co-location of the council and the CCG on the new Civic Centre Whitechapel site in 2022.
Our key deliverables		Deadline	Status	% Comp	Comments

Develop a plan for a fully integrated system by 2020*	Denise Radley (HAC)	31/03/18	On Track	50%	<p>In 2015, Tower Hamlets was awarded NHS England New Care Model Vanguard status through the Tower Hamlets Integrated Provider Partnership (now Tower Hamlets Together). This has facilitated a wide range of initiatives designed to improve the integration of health and social care services. In particular, the council is currently reviewing its adult social care operational functions, with a view to aligning them more closely to community health services and other NHS provision in the borough, prior to fuller integration. This might involve more joint management arrangements, the co-location of staff and more integrated care pathways. In addition, in its daily work, the council has re-orientated the work of a number of its services, through the resources provided via the Better Care Fund. This includes the deployment of a number of council services to facilitate the earliest practicable discharge of patients from hospital, by ensuring that they are given appropriate support in the community. Examples include placing social work staff in the Royal London Hospital; the opening of the community equipment service on a seven-day basis; a specialist team of social workers which supports people with high levels of health care needs, and the refocussing of the Reablement service on patients suitable for discharge from hospital.</p> <p>This work, together with the development of the borough's partnership system are covered in the Better Care Fund plan for 2017-19, which was submitted to NHS England in September 2017. In the course of 2017, steps will be taken to improve the performance management of the health and social care interface, not least through the development of a joint outcomes framework and performance management system.</p> <p>So, for example, work will be undertaken to ensure that the action plan for the new Carers' Strategy covers all partner organisations, and not just the council. Similarly, other strategies, such as the Ageing Well Strategy and the Autism Strategy, are being driven by multi-agency partnerships to ensure a shared focus and maximum impact.</p>
Develop stronger partnership and planning arrangements, centred on Tower Hamlets Together and the Joint Commissioning Executive*	Denise Radley (HAC)	31/03/18	On Track	50%	<p>The council and its health partners are engaged in a whole system review of partnership arrangements in the borough. Having established a Joint Commissioning Executive with the CCG, in 2016, and participated in Tower Hamlets Together and CCG partnership boards and sub-groups, it is now appropriate to take stock of what has been achieved and identify ways in which partnership bodies can be streamlined and made more effective. It is envisaged that the Health and Well-Being Board will become the overarching body responsible for all health and social care provision in the borough. In addition, Tower Hamlets Together will become the main delivery partnership at the borough level, while the Joint Commissioning Executive will continue to shape the strategic direction of provision.</p> <p>These borough-level developments will take place alongside the development of the East London Health and Care Partnership (Sustainability and Transformation Partnership for East London).</p> <p>Although the final structure of the partnership system has not yet been agreed, there is enthusiasm across all partner organisations to move the borough's health and social care partnerships to a new level. An update will be provided at the Board on the 7th November.</p>